



Benenden Private Healthcare

Make the most of your company healthcare benefit

We've teamed up with award-winning healthcare provider, Benenden, to provide you with an employee benefit that offers you a wide range of discretionary private healthcare services to support you when you need it most.

If you are **Permanent employee or on Fixed Term Contract of 12 months** or more you have immediate access to the services outlined below and there are no exclusions for pre-existing medical conditions. The Company pays the premium for the cashplan however based on HMRC guidelines, this is deemed to be a taxable benefit in kind and will be reflected in your P11D.

What healthcare services do you have access to?

- **Medical diagnostics*:**
 - Private consultations, diagnosis and tests when NHS referrals involve waiting more than three weeks
 - Up to £1,800 per condition – this is not an annual limit, this is funding available per condition
 - Benenden can arrange diagnostic appointments at more than 500 facilities nationwide

- **Medical treatment and surgery*:**
 - Private treatment and surgery when NHS referrals involve waiting more than five weeks
 - Benenden pay for the full cost of over 250 common surgical procedures
 - Treatment is available at over 24 facilities nationwide

- **Physiotherapy*:**
 - Access to over 700 clinics nationwide
 - Treatment can include a tailored course of self-managed exercises prescribed by the physiotherapist, or face-to-face support
 - No GP referral is required to access the physiotherapy services, simply give Benenden a call

- **GP 24/7:**
 - Convenient access to a qualified, UK-based GP 24/7 over the phone, from anywhere in the world
 - Private prescriptions available in the UK (additional costs apply)
 - The GP service can also be accessed online via a face-to-face eConsultation between 8:30am to 6:30pm, Monday to Friday

- **24/7 Psychological Wellbeing Helpline:**

Insideideas

- 24/7 access to a qualified therapist who can offer immediate advice and support for a range of topics including relationship worries, anxiety and bereavement
- **Psychological wellbeing support***
 - Structured and positive short term support whilst you wait for your NHS appointment
 - Treatment can include guided self-help as well as telephone or face-to-face counselling, up to a maximum of 6 sessions, to help support with anxiety, depression, bereavement and family difficulties

* Some services have a six month qualifying period. Speak to your HR consultant for more information.

What does discretionary healthcare mean?

We are not a medical insurer; we provide our healthcare services on a discretionary basis. When you call to request our services we review your case based on your current wait on the NHS.

If your wait for diagnosis is more than three weeks we provide diagnostic support, if your wait for treatment is more than five weeks we can help with treatment and surgery for all approved conditions. For more information please review 'Your Guide to Benenden Healthcare'.

Want more information?

Download 'Your Guide to Benenden Healthcare' which explains all the services provided with Benenden in more detail– including what's included, what's excluded and how to access the services.

Who are Benenden?

Benenden is an award-winning health and wellbeing provider with over 800,000 members. They have been supporting members for over 110 years, so you can be assured you're in safe hands. Importantly there are no excesses to pay to access their services and there are no exclusions based on your age or pre-existing medical conditions.



Get the most out of membership – register your My Benenden account today



If you haven't yet, register today and you'll be able to access and redeem exclusive member rewards, discounts, additional products and services as well as manage your account. It's

completely free and quick to do at my.benenden.co.uk; just have your membership number and personal details to hand.

Share the benefits of Benenden membership with your family

For an extra £10.25 per person, per month you can extend the same feeling of reassurance you now have with Benenden membership for your loved ones.

Just log on to [My Benenden](#) or call 0800 414 8183* to get them added today, whatever their age or medical history.

Opting Out of Health Cover

Whilst you are automatically joined to both the Cashplan and Private Healthcare plans, you do have the option to leave. By opting out, you will no longer be a member of both the Cashplan and Private Healthcare – you'll unfortunately not be able to select one or the other. To Opt Out, please follow this link:

https://docs.google.com/forms/d/e/1FAIpQLSeh13DPowxSOabP8HmbGtQOHm0z4_v2itc57-jTbdhT_K11YQ/viewform

* Lines are open 8am - 5pm, Monday to Friday (except Bank Holidays). Please note that your call may be recorded for our mutual security and also for training and quality purposes.

Benenden is a trading name of The Benenden Healthcare Society Limited and its subsidiaries.

Benenden Personal Healthcare is offered by The Benenden Healthcare Society Limited, which is an incorporated Friendly Society, registered under the Friendly Societies Act 1992, registered number 480F. The Society's contractual business (the provision of tuberculosis benefit) is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority, FRN 205351. Verify our registration at register.fca.org.uk. The remainder of the Society's business is undertaken on a discretionary basis.

No personal recommendation has been given on the suitability of this product, if in doubt you should seek independent advice.

Registered Office: The Benenden Healthcare Society Limited, Holgate Park Drive, York, YO26 4GG.